



PRESS RELEASE

NCW to Host National Consultation on Pre-Marital Counseling and Family Wellbeing

New Delhi, 03 Feb 2025: The National Commission for Women will hold a National Consultation Meet on Pre-Marital Counseling and Education to Strengthen Family Wellbeing on 4th February 2025 at Hotel Ramee Grand, Pune, Maharashtra. This program aims to address rising issues in marital relationships, such as domestic violence, marital discord, and emotional distress, by promoting pre-marital counseling as a preventive strategy.

Marriage, as a cornerstone of Indian society, faces new challenges due to changing social norms, economic pressures, and evolving family structures. To combat this, the NCW seeks to bring together experts from various fields—health, education, law, psychology, and social work—to discuss how pre-marital counseling can help strengthen relationships and promote family well-being.

Key Themes include:

- Emotional and financial preparedness for marriage.
- Conflict resolution and effective communication in relationships.
- Legal rights and protection against domestic violence.
- The role of educational institutions in incorporating pre-marital counseling.

Smt. Victoria Gowri, Hon'ble Judge of the Madras High Court, will be the Chief Guest. Smt. Vijaya Rahatkar, Chairperson of the NCW, will also share her views on the importance of pre-marital counseling and its role in fostering healthier marriages and family dynamics. Advocates, retired judges, NGOs, and counselors from across the country will join the program. The program aims to create a framework for pre-marital counseling tailored to

India's cultural context, which will be integrated into educational curricula and community outreach programs. Pre-marital counseling was also the main theme of the CSR Conclave organized by the NCW last month. The NCW hopes to foster healthier, violence-free marriages and contribute to long-term societal well-being.

For More Information, you may contact:

Shri Shivam Garg
Media Advisor
National Commission for Women
+91-8130375035